

Join the Nakamura Branch of Tosa Jikiden Eishin-ryu!

Tosa Jikiden Eishin-ryu is an authentic Samurai sword art that came to Tosa (modern-day Kochi Prefecture) in the early 1700s. For generations, it was the otome-ryu—the official and secret style of the Tosa clan—and became known as “Tosa Iaido.”

“Samurai Spirit - Mindfulness in Motion”

Iaido brings Samurai tradition into modern life. By focusing on the single instant of drawing the sword, practitioners develop mindfulness, confidence, and inner strength—skills that carry into everyday life.

Today, under the 22nd headmaster, Yoshinouchi-sensei, the main dojo in Kochi leads branches across Japan, with over 200 dedicated students. Here in Nakamura (Shimanto City) also, powerful Tosa style for future generations.

✦ If you ever come to Kochi, why not experience this rare and authentic Samurai art for yourself?

Come discover your Samurai spirit with us—we'd be honored to welcome you!

Practice Location:

Yasunami Sports Park Budokan, 4231 Yasunami, Shimanto City, Kochi 787-0008

Schedule:

Every Wednesday & Saturday, 7:00-9:00 p.m. (we're there by 6:45)

Fee:

¥1,000 per month for 2025 (paid for the year in your first month)

Contact:

080-7812-3232 (Richard Swanson)

We can lend uniforms and swords if we have extras available, so feel free to drop by!

